



1 Corinthians 10:4-5 | scripture
Vladimir Savchuk | speaker
Pulling Down Strongholds | sermon

1 Corinthians 10:4-5

“Overlooking ancient Corinth was a hill 1,857 feet high. On top of it was a fortress. Paul used that imagery as an illustration of the spiritual warfare he waged. He destroyed strongholds, cast down towers, and took captives.” - Nelson’s New Illustrated Bible Commentary

“A legal right is how a demon gets in, a stronghold is how he stays in. Six main strongholds are fear, anger, rejection, depression, abuse, self-hatred.” Bob Larson

1. **Spiritual WALLS are broken when we confront the lie and conform to the truth. Spiritual WALLS are build when we conform to the lie and criticize the truth.**
 - **God called them an army but they saw themselves as grasshoppers.**

Exodus 6:26, Exodus 12:41, Exodus 12:51

God doesn’t call us based on where we were but on where we’re going.

Numbers 13:33

Contradiction between what God said and what we see creates conflict. We have a choice to what we conform to.

- **God called the land, good, large and flowing with milk and honey but they saw it as a land that devours its inhabitants.**

So I have come down to deliver them out of the hand of the Egyptians, and to bring them up from that land to a good and large land, to a land flowing with milk and honey... Exodus 3:8a

The land through which we have gone as spies is a land that devours its inhabitants,... Numbers 13:32a.

Adjust the attitude to the truth and attack the lies.

- **They couldn’t have a military victory with a mental defeat. (Num. 14:44-45)**

Those who don’t win in their mind will lose in their life.

How to Apply this principle:



- A. **Commit** to study the Word.
- B. **Conform** to the Word by confession.
- C. **Confront** the lies.

- 2. **Spiritual TOWERS are build by exaggerating the problem. Spiritual TOWERS are broken by exalting the promise.**
 - **If we don't exalt God, we will exaggerate our giants.**
 - **Exalting God brings peace. Exaggerating giants brings pain. (Num. 14:1)**
 - **Exalting God causes delight in good things. Exaggerating giants causes us to despise the good things. (Num. 14:31)**
 - **If we don't exalt God, we will exaggerate our past. (Num. 14:2-4)**

How to Apply:

- A. Exalt God's presence.
- B. Enjoy the present.
- C. Exercise patience in the process.

- 3. **We are either CAPTIVE to our thoughts or keep our thoughts CAPTIVE.**
 - **We ought to capture our thoughts before we make them captive.**

Before we can take our thoughts captive, we first have to be aware of them, which is called mindfulness.

Listen to your words because they reveal your thoughts and ultimately what is in your heart.

Your mind does the thinking. Your brain is what you think with. Relationship between brain and mind is like between piano and pianist.

b. We should train our thoughts instead of trusting them. (Proverbs 3:5, Psalm 144:1)

- **THINK** - By Rick Warren
- Test every thought (*Psalm 139:23*)
Helmet of salvation (*Ephesians 6:17*)
Imagine great thoughts
Nourish your mind daily (*Psalm 119:15*)
Keep on learning (*1 Timothy 4:15*)

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